

Falkenberg Västkostloppet

Sprint Challenge

Falkenberg 1,843 Km

Practice 1

08.07.2023 09:25

Practice (20:00 Time) started at 9:26:29

Lap	Time of Day	Lap Tm	Diff	S1 Tm	S2 Tm	S3 Tm	Lap	Time of Day	Lap Tm	Diff	S1 Tm	S2 Tm	S3 Tm
(1) William Siverholm							7	9:32:59.199	47.049	+2.048	19.086	14.415	13.548
1	9:28:11.093	47.421	+3.642	20.321	13.790	13.310	8	9:33:44.823	45.624	+0.623	18.990	13.542	13.092
2	9:28:56.450	45.357	+1.578	19.136	13.326	12.895	9	9:34:30.789	45.966	+0.965	18.955	14.005	13.006
3	9:29:41.055	44.605	+0.826	18.817	13.073	12.715	10	9:35:16.407	45.618	+0.617	18.712	13.731	13.175
4	9:30:25.877	44.822	+1.043	18.655	13.030	13.137	11	9:36:02.520	46.113	+1.112	19.298	13.838	12.977
5	9:31:11.663	45.786	+2.007	18.954	14.161	12.671	12	9:36:47.597	45.077	+0.076	18.904	13.235	12.938
6	9:31:57.676	46.013	+2.234	18.748	13.124	14.141	13	9:37:33.078	45.481	+0.480	18.771	13.317	13.393
7	9:32:42.399	44.723	+0.944	18.868	13.037	12.818	p14	9:38:24.441	51.363	+6.362	18.975	13.370	
8	9:33:26.810	44.411	+0.632	18.734	13.001	12.676	15	9:40:57.320	2:32.879	+1:47.878		13.691	13.114
9	9:34:10.821	44.011	+0.232	18.506	12.900	12.605	16	9:41:42.428	45.108	+0.107	18.853	13.371	12.884
10	9:34:54.982	44.161	+0.382	18.472	13.013	12.676	17	9:42:27.476	45.048	+0.047	18.771	13.342	12.935
p11	9:35:41.683	46.701	+2.922	18.798	12.973		18	9:43:13.466	45.990	+0.989	18.671	14.104	13.215
12	9:40:08.190	4:26.507	+3:42.728		14.315	13.672	19	9:43:58.596	45.130	+0.129	18.806	13.454	12.870
13	9:40:55.404	47.214	+3.435	21.217	13.178	12.819	20	9:44:43.687	45.091	+0.090	18.952	13.312	12.827
14	9:41:39.936	44.532	+0.753	18.770	13.041	12.721	21	9:45:28.727	45.040	+0.039	18.515	13.522	13.003
15	9:42:25.165	45.229	+1.450	18.790	13.449	12.990	22	9:46:13.728	45.001		18.657	13.345	12.999
16	9:43:09.724	44.559	+0.780	18.384	12.916	13.259	p23	9:47:03.211	49.483	+4.482	18.919	13.427	
17	9:43:54.671	44.947	+1.168	18.451	13.694	12.802	(79) Fredric Blank						
18	9:44:38.450	43.779		18.343	12.853	12.583	1	9:28:16.987	49.637	+4.513	20.923	14.642	14.072
19	9:45:22.676	44.226	+0.447	18.588	12.977	12.661	2	9:29:04.921	47.934	+2.810	19.788	14.466	13.680
p20	9:46:09.759	47.083	+3.304	18.514	12.813		3	9:29:51.801	46.880	+1.756	19.345	13.974	13.561
(71) Markus Lönnroth							4	9:30:39.637	47.836	+2.712	19.467	14.754	13.615
1	9:28:12.154	48.147	+3.659	20.697	14.196	13.254	5	9:31:28.062	48.425	+3.301	20.739	14.067	13.619
2	9:28:57.894	45.740	+1.252	19.152	13.615	12.973	6	9:32:14.802	46.740	+1.616	19.496	13.820	13.424
3	9:29:43.265	45.371	+0.883	18.932	13.434	13.005	p7	9:33:07.066	52.264	+7.140	19.189	16.529	
p4	9:30:54.585	1:11.320	+26.832	25.848	22.568		8	9:36:41.631	3:34.565	+2:49.441		13.995	13.312
5	9:34:21.459	3:26.874	+2:42.386		14.051	13.824	9	9:37:27.761	46.130	+1.006	19.159	13.714	13.257
6	9:35:08.145	46.686	+2.198	19.953	13.550	13.183	10	9:38:13.119	45.368	+0.234	18.850	13.456	13.052
7	9:35:53.383	45.238	+0.750	18.956	13.404	12.878	11	9:38:58.696	45.577	+0.463	18.797	13.516	13.264
8	9:36:37.961	44.578	+0.090	18.569	13.258	12.751	12	9:39:44.255	45.559	+0.435	18.732	13.606	13.221
9	9:37:22.757	44.796	+0.308	18.659	13.263	12.874	13	9:40:29.743	45.488	+0.364	18.758	13.533	13.197
10	9:38:07.245	44.488		18.572	13.133	12.783	14	9:41:14.907	45.164	+0.040	18.647	13.438	13.079
11	9:38:52.076	44.831	+0.343	18.848	13.320	12.663	15	9:42:00.286	45.379	+0.255	18.570	13.525	13.284
12	9:39:36.717	44.641	+0.153	18.638	13.299	12.704	16	9:42:45.887	45.601	+0.477	18.735	13.536	13.330
13	9:40:22.168	45.451	+0.963	19.078	13.456	12.917	17	9:43:33.965	48.078	+2.954	20.235	14.457	13.386
14	9:41:07.069	44.901	+0.413	18.591	13.361	12.949	18	9:44:19.651	45.686	+0.562	18.937	13.509	13.240
15	9:41:53.327	46.258	+1.770	18.687	14.407	13.164	19	9:45:04.775	45.124		18.587	13.377	13.160
16	9:42:38.357	45.030	+0.542	18.741	13.350	12.939	p20	9:45:58.772	53.997	+8.873	19.951	15.877	
17	9:43:23.914	45.557	+1.069	18.816	13.773	12.968	(11) Jonas Sjöström						
18	9:44:09.591	45.677	+1.189	19.380	13.331	12.966	1	9:28:26.096	48.449	+3.159	20.358	14.552	13.539
19	9:44:54.669	45.078	+0.590	18.809	13.304	12.965	2	9:29:13.310	47.214	+1.924	19.929	13.989	13.296
p20	9:45:45.099	50.430	+5.942	18.990	13.758		3	9:29:59.972	46.662	+1.372	19.645	13.876	13.141
(96) Ludwig Ellhage							4	9:30:46.827	46.855	+1.565	19.626	13.911	13.318
1	9:28:19.237	47.973	+3.411	20.350	14.156	13.467	5	9:31:33.631	46.804	+1.514	19.721	13.780	13.303
2	9:29:06.402	47.165	+2.603	19.366	14.421	13.378	6	9:32:20.076	46.445	+1.155	19.311	13.910	13.224
3	9:29:53.470	47.068	+2.506	19.196	14.407	13.465	7	9:33:06.248	46.172	+0.882	19.317	13.753	13.102
4	9:30:40.282	46.812	+2.250	19.036	14.537	13.239	8	9:33:53.226	46.978	+1.688	19.986	13.866	13.126
5	9:31:28.571	48.289	+3.727	20.393	14.466	13.430	9	9:34:39.197	45.971	+0.681	19.119	13.713	13.139
6	9:32:15.218	46.647	+2.085	19.260	13.904	13.483	10	9:35:26.996	47.799	+2.509	20.362	14.224	13.213
7	9:33:01.773	46.555	+1.993	19.076	14.398	13.081	p11	9:36:16.990	49.994	+4.704	19.290	13.933	
8	9:33:47.314	45.541	+0.979	18.489	13.847	13.205	12	9:38:33.048	2:16.058	+1:30.768		14.176	13.286
9	9:34:33.215	45.901	+1.339	18.696	13.796	13.409	13	9:39:18.837	45.789	+0.499	19.171	13.728	12.890
10	9:35:18.645	45.430	+0.868	18.890	13.560	12.980	14	9:40:04.277	45.440	+0.150	18.775	13.613	13.052
11	9:36:04.695	46.050	+1.488	18.643	14.194	13.213	15	9:40:50.143	45.866	+0.576	19.055	13.758	13.053
12	9:36:49.963	45.268	+0.706	18.680	13.609	12.979	16	9:41:37.615	47.472	+2.182	19.170	13.761	14.541
13	9:37:39.170	49.207	+4.645	22.017	13.980	13.210	17	9:42:23.404	45.789	+0.499	19.182	13.542	13.065
14	9:38:24.762	45.592	+1.030	18.726	13.535	13.331	18	9:43:11.202	47.798	+2.508	19.056	13.570	15.172
15	9:39:09.960	45.198	+0.636	18.614	13.516	13.068	19	9:43:56.975	45.773	+0.483	19.372	13.547	12.854
16	9:39:55.047	45.087	+0.525	18.651	13.530	12.906	20	9:44:42.430	45.455	+0.165	18.905	13.517	13.033
17	9:40:40.097	45.050	+0.488	18.558	13.538	12.954	21	9:45:27.793	45.363	+0.073	19.137	13.333	12.893
18	9:41:25.031	44.934	+0.372	18.713	13.344	12.877	22	9:46:13.124	45.331	+0.041	18.778	13.550	13.003
19	9:42:09.593	44.562		18.551	13.235	12.776	23	9:46:58.414	45.290		18.876	13.466	12.948
p20	9:42:58.900	49.307	+4.745	18.560	14.017		(5) Isabell Rustad						
(44) Svante Andersson							1	9:28:38.202	51.557	+6.258	21.808	15.115	14.634
1	9:28:18.251	49.859	+4.858	21.088	14.269	14.502	2	9:29:30.973	52.771	+7.472	21.681	15.941	15.149
2	9:29:05.698	47.447	+2.446	19.827	14.157	13.463	3	9:30:25.574	54.601	+9.302	20.804	15.583	18.214
3	9:29:52.307	46.609	+1.608	19.419	13.945	13.245	4	9:31:18.157	52.583	+7.284	21.113	15.500	15.970
4	9:30:39.932	47.625	+2.624	19.462	14.805	13.358	5	9:32:10.734	52.577	+7.278	21.984	15.321	15.272

Falkenberg Västkostloppet

Sprint Challenge

Falkenberg 1,843 Km

Practice 1

08.07.2023 09:25

Practice (20:00 Time) started at 9:26:29

Lap	Time of Day	Lap Tm	Diff	S1 Tm	S2 Tm	S3 Tm	Lap	Time of Day	Lap Tm	Diff	S1 Tm	S2 Tm	S3 Tm
9	9:35:29.912	51.535	+6.236	21.538	14.961	15.036	11	9:36:36.518	45.954	+0.270	18.998	13.744	13.212
10	9:36:19.298	49.386	+4.087	20.560	14.649	14.177	12	9:37:23.684	47.166	+1.482	18.757	13.679	14.730
11	9:37:08.460	49.162	+3.863	20.191	14.744	14.227	13	9:38:09.614	45.930	+0.246	19.017	13.634	13.279
p12	9:38:03.569	55.109	+9.810	21.088	14.722	14.722	14	9:38:55.774	46.160	+0.476	18.898	13.754	13.508
13	9:40:48.308	2:44.739	+1:59.440	14.704	13.905		p15	9:39:45.270	49.496	+3.812	19.131	13.770	
14	9:41:35.861	47.553	+2.254	19.553	14.195	13.805	16	9:42:18.570	2:33.300	+1:47.616		13.957	13.269
15	9:42:22.675	46.814	+1.515	19.247	13.964	13.603	17	9:43:04.260	45.690	+0.006	18.841	13.681	13.168
16	9:43:08.923	46.248	+0.949	19.019	13.992	13.237	18	9:43:49.944	45.684		18.879	13.533	
17	9:43:55.004	46.081	+0.782	18.890	13.891	13.300	19	9:44:35.942	45.998	+0.314	19.115	13.598	13.285
18	9:44:40.609	45.605	+0.306	18.939	13.592	13.074	20	9:45:22.040	46.098	+0.414	19.105	13.628	13.365
19	9:45:25.908	45.299		18.798	13.472	13.029	21	9:46:08.933	46.893	+1.209	20.038	13.633	13.222
20	9:46:11.373	45.465	+0.166	18.952	13.447	13.066	22	9:46:54.813	45.880	+0.196	19.035	13.591	13.254
21	9:46:56.955	45.582	+0.283	19.082	13.501	12.999							
(89) Jesper Carlsen													
1	9:28:21.370	47.727	+2.136	19.553	14.511	13.663	1	9:28:28.509	48.596	+2.649	20.557	14.393	13.646
2	9:29:08.046	46.676	+1.084	19.014	14.203	13.459	2	9:29:15.688	47.179	+1.232	19.598	14.150	13.431
3	9:29:54.387	46.341	+0.749	18.822	14.116	13.403	3	9:30:02.654	46.966	+1.019	19.373	14.155	13.438
4	9:30:41.344	46.957	+1.365	19.070	14.307	13.580	4	9:30:49.615	46.961	+1.014	19.266	13.924	13.771
5	9:31:30.260	48.916	+3.324	19.850	15.700	13.366	5	9:31:35.856	46.241	+0.294	19.202	13.780	13.259
6	9:32:16.265	46.005	+0.413	18.791	13.939	13.275	6	9:32:21.882	46.026	+0.079	19.196	13.658	13.172
7	9:33:03.404	47.139	+1.547	18.779	14.022	14.338	7	9:33:08.159	46.277	+0.330	19.271	13.655	13.351
8	9:33:55.772	52.368	+6.776	24.389	14.576	13.403	8	9:33:54.762	46.603	+0.656	19.336	13.838	13.429
9	9:34:41.656	45.884	+0.292	18.780	13.850	13.254	9	9:34:40.952	46.190	+0.243	19.164	13.702	13.324
10	9:35:29.486	47.830	+2.238	19.154	14.659	14.017	10	9:35:29.199	48.247	+2.300	19.649	14.670	13.928
11	9:36:23.307	53.821	+8.229	23.175	17.086	13.560	11	9:36:15.853	46.654	+0.707	19.393	13.873	13.388
12	9:37:09.076	45.769	+0.177	18.605	13.949	13.215	12	9:37:01.904	46.051	+0.104	19.133	13.551	13.367
13	9:37:56.246	47.170	+1.578	19.908	13.944	13.318	p13	9:37:55.326	53.422	+7.475	20.674	15.124	
14	9:38:41.982	45.736	+0.144	18.741	13.811	13.184	14	9:40:35.227	2:39.901	+1:53.954		15.052	13.757
p15	9:39:33.810	51.828	+6.236	18.761	15.045		15	9:41:21.472	46.245	+0.298	19.067	13.929	13.249
16	9:42:05.782	2:31.972	+1:46.380	16.559	13.628		16	9:42:07.580	46.108	+0.161	19.108	13.676	13.324
17	9:42:51.881	46.099	+0.507	18.758	13.967	13.374	17	9:42:53.527	45.947		19.088	13.594	13.265
18	9:43:37.473	45.592		18.798	13.613	13.181	18	9:43:39.713	46.186	+0.239	19.171	13.668	13.347
19	9:44:28.115	50.642	+5.050	18.928	16.778	14.936	19	9:44:25.978	46.265	+0.318	19.188	13.816	13.261
20	9:45:14.578	46.463	+0.871	18.814	14.324	13.325	p20	9:45:18.426	52.448	+6.501	20.163	16.344	
21	9:46:00.097	45.519	-0.073	18.612	13.662	13.245							
p22	9:46:50.990	50.893	+5.301	18.857	13.738								
(69) Gustav Krogh													
1	9:28:20.506	47.747	+2.130	19.561	14.474	13.712	1	9:28:43.366	50.694	+3.789	20.418	15.804	14.472
2	9:29:07.300	46.794	+1.177	18.962	14.254	13.578	2	9:29:33.769	50.403	+3.498	20.492	15.275	14.636
3	9:29:53.934	46.634	+1.017	18.814	14.137	13.683	3	9:30:24.653	50.884	+3.979	20.050	15.610	15.224
4	9:30:40.899	46.965	+1.348	18.997	14.440	13.528	4	9:31:14.903	50.250	+3.345	19.800	15.818	14.632
5	9:31:31.016	50.117	+4.500	19.968	16.371	13.778	5	9:32:04.344	49.441	+2.536	19.873	15.209	14.359
6	9:32:16.921	45.905	+0.288	18.762	13.882	13.261	6	9:32:53.762	49.418	+2.513	19.605	15.282	14.531
7	9:33:02.880	45.959	+0.342	18.613	13.797	13.549	7	9:33:42.593	48.831	+1.926	19.463	14.906	14.462
8	9:33:48.970	46.090	+0.473	18.981	13.593	13.516	p8	9:34:35.742	53.149	+6.244	19.585	15.174	
9	9:34:35.091	46.121	+0.504	19.236	13.543	13.342	9	9:38:25.583	3:49.841	+3:02.936		15.215	15.192
10	9:35:21.040	45.949	+0.332	18.809	13.780	13.360	10	9:39:13.581	47.998	+1.093	19.338	14.734	13.926
11	9:36:06.944	45.904	+0.287	18.759	13.752	13.393	11	9:40:01.307	47.726	+0.821	19.085	14.796	13.845
p12	9:36:56.083	49.139	+3.522	19.270	14.594		12	9:40:49.006	47.699	+0.794	19.287	14.575	13.837
13	9:38:49.055	1:52.972	+1:07.355	13.772	13.498		13	9:41:38.013	49.007	+2.102	19.340	14.391	15.276
14	9:39:34.832	45.777	+0.160	18.724	13.698	13.355	14	9:42:26.091	48.078	+1.173	19.703	14.184	14.191
15	9:40:24.230	49.398	+3.781	21.750	14.124	13.524	15	9:43:14.309	48.218	+1.313	19.420	14.536	14.262
16	9:41:10.229	45.999	+0.382	18.668	13.319		16	9:44:01.214	46.905		19.355	13.988	13.562
17	9:41:56.287	46.058	+0.441	19.083	13.554	13.421	17	9:44:48.166	46.952	+0.047	18.983	14.306	13.663
18	9:42:42.941	46.654	+1.037	18.984	14.335	13.335	18	9:45:35.263	47.097	+0.192	18.932	14.410	13.755
19	9:43:29.013	46.072	+0.455	19.201	13.544	13.327	19	9:46:22.912	47.649	+0.744	19.257	14.579	13.813
20	9:44:14.630	45.617		18.688	13.620	13.309	20	9:47:10.235	47.323	+0.418	19.271	14.099	13.953
21	9:45:00.493	45.863	+0.246	18.836	13.690	13.337							
22	9:45:46.474	45.981	+0.364	19.054	13.574	13.353							
23	9:46:32.362	45.888	+0.271	18.902	13.689	13.297							
(23) Joel Bergström													
1	9:28:42.109	50.988	+5.304	21.306	15.443	14.239	1	9:28:38.881	50.751	+3.800	21.177	15.229	14.345
2	9:29:32.607	50.498	+4.814	20.610	15.063	14.825	2	9:29:29.321	50.440	+3.489	20.540	15.373	14.527
3	9:30:21.439	48.832	+3.148	20.108	14.698	14.026	3	9:30:18.662	49.341	+2.390	20.256	15.194	13.891
4	9:31:09.193	47.754	+2.070	19.862	14.260	13.632	4	9:31:07.594	48.932	+1.981	19.730	14.935	14.267
5	9:31:58.088	48.895	+3.211	19.424	14.511	14.960	5	9:31:57.724	50.130	+3.179	20.096	15.103	14.931
6	9:32:46.159	48.071	+2.387	20.257	14.270	13.544	6	9:32:48.663	50.939	+3.988	21.829	14.919	14.191
7	9:33:32.747	46.588	+0.904	19.120	14.098	13.370	7	9:33:38.175	49.512	+2.561	19.982	15.234	14.296
8	9:34:18.699	45.952	+0.268	18.918	13.686	13.348	8	9:34:27.223	49.048	+2.097	20.040	14.890	14.118
9	9:35:04.809	46.110	+0.426	19.058	13.827	13.225	9	9:35:16.139	48.916	+1.965	19.870	14.936	14.110
10	9:35:50.564	45.755	+0.071	18.914	13.572	13.269	10	9:36:06.146	50.007	+3.056	20.518	14.637	14.852
							11	9:36:55.700	49.554	+2.603	19.818	15.765	13.971
							p12	9:37:50.210	54.510	+7.559	19.985	14.859	
							13	9:41:05.155	3:14.945	+2:27.994		15.690	14.205
							14	9:41:54.810	49.655	+2.704	19.688	15.206	14.761
							15	9:42:45.423	50.613	+3.662	19.954	16.217	14.442
							16	9:43:35.764	50.341	+3.390	20.275	16.021	14.045
(66) Nermin Sipkar													
1	9:28:38.881	50.751	+3.800	21.177	15.229	14.345	1	9:28:38.881	50.751	+3.800	21.177	15.229	14

Falkenberg Västkostloppet

Sprint Challenge

Falkenberg 1,843 Km

Practice 1

08.07.2023 09:25

Practice (20:00 Time) started at 9:26:29

Lap	Time of Day	Lap Tm	Diff	S1 Tm	S2 Tm	S3 Tm	Lap	Time of Day	Lap Tm	Diff	S1 Tm	S2 Tm	S3 Tm
17	9:44:23.613	47.849	+0.898	20.010	14.303	13.536							
18	9:45:11.569	47.956	+1.005	19.591	14.511	13.854							
19	9:45:58.893	47.324	+0.373	19.558	14.264	13.502							
20	9:46:45.844	46.951		19.401	14.159	13.391							

Victor Rosén